

## Gift to Nature's Guide to Climate-Friendly Plants

common name

**Sorrel**

botanical name

**Rumex acetosa**

family

Polygonaceae

origin

Britain, Europe, Asia, N America, Greenland



type of plant:
tree
climber
shrub
<b>herbaceous perennial</b>
biennial
annual

height range:
<b>&lt; 0.5 m</b>
<b>0.5-1 m</b>
1-2 m
2-5 m
5-10 m
> 10 m

suitable soil types:
<b>chalk</b>
<b>sand</b>
<b>clay</b>
<b>well-drained</b>
<b>damp</b>
wet

suitable aspects:
<b>sunny</b>
<b>semi-shade</b>
shade

Months in flower											
Jan	Feb	Mar	Apr	<b>May</b>	<b>Jun</b>	Jul	Aug	Sep	Oct	Nov	Dec
Months in leaf											
Jan	Feb	<b>Mar</b>	<b>Apr</b>	<b>May</b>	<b>Jun</b>	<b>Jul</b>	<b>Aug</b>	<b>Sep</b>	<b>Oct</b>	Nov	Dec

Resilient plant? Yes - perennial plant; deep-rooted and drought-resistant

Edible plant? Yes – sorrel's semi-evergreen leaves can be used as a vegetable and a herb

For more information on edible and useful plants, see [www.pfaf.org](http://www.pfaf.org).

Useful plant? Yes - sorrel is a medicinal plant: it is astringent and antiscorbutic

Always seek advice from a professional before using a plant medicinally

Wildlife-friendly plant? Yes – leaves feed small copper butterfly caterpillars; bee-friendliness rating -

For native plants and animals associated with them, see the Postcode Plants Database [www.nhm.ac.uk/fff/index.html](http://www.nhm.ac.uk/fff/index.html).

For more on gardening and climate change see [www.rhs.org.uk/Gardening/Sustainable-gardening/Gardening-in-a-changing-climate](http://www.rhs.org.uk/Gardening/Sustainable-gardening/Gardening-in-a-changing-climate)